



## **JUNE YOGA CLASS SCHEDULE:**

TUESDAY: Noelle Haverhals

✓ 9:00 AM - 10:00 AM: Sweet and Gentle Yoga

WEDNESDAY: Hope Spragg

✓ 8:00 PM - 9:00 PM: Restorative Yoga

FRIDAY: Hope Spragg

✓ 4:45 PM - 5:45 PM: Mixed Level Yoga

SATURDAY: Noelle Haverhals

✓ 9:00 AM - 10:00 AM: Yoga Flow

Visit <https://www.lifeyourstage.com/adult-dance> for class descriptions  
Certain dates excluded - register ahead of time to confirm class is running

**DROP IN CLASS: \$15**

**5 CLASS PUNCH CARD: \$65**

6% sales tax applicable to all prices listed  
Usual payment policies apply to all prices listed